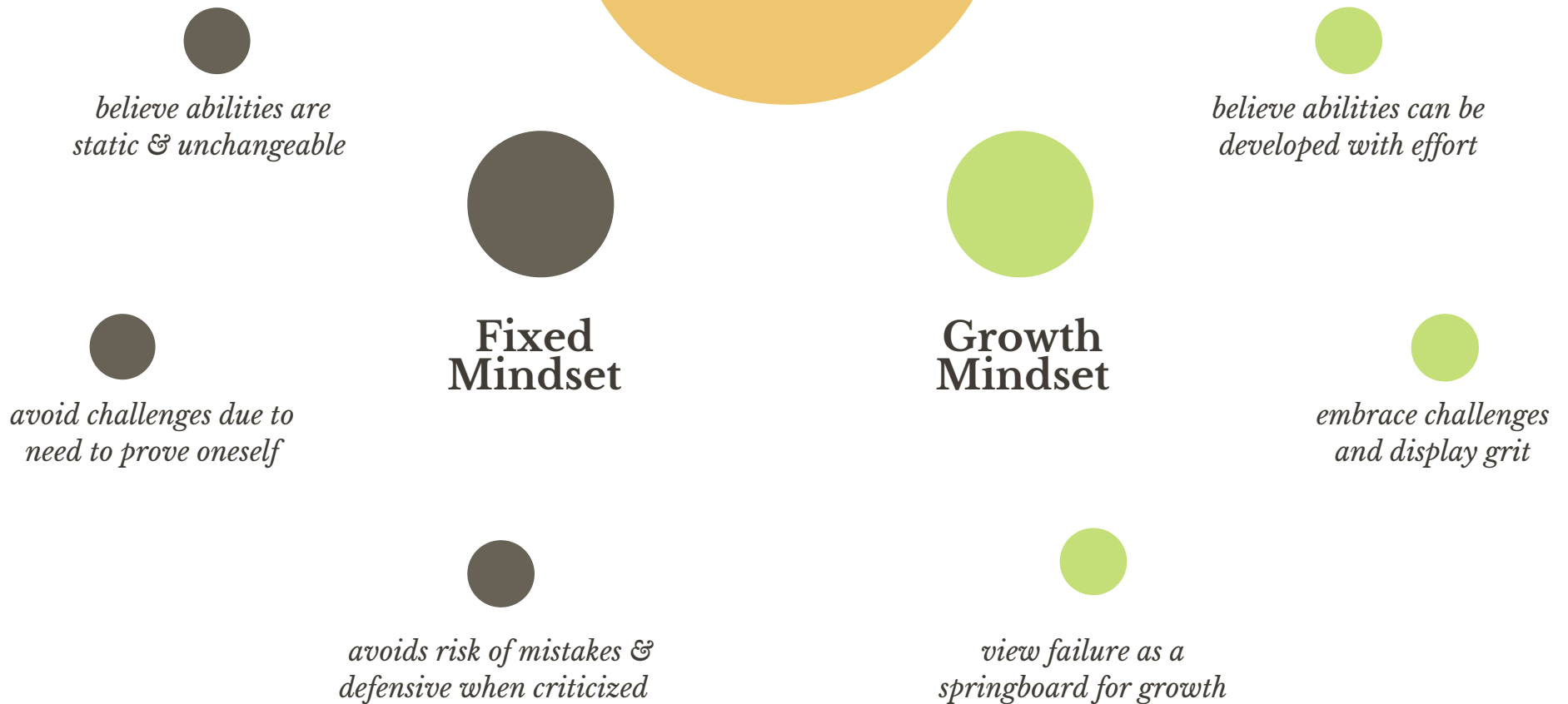

Fixed & Growth Mindsets



Strategies for Growth

own your attitude

acknowledge and embrace imperfection

"not yet" is okay

face challenges bravely

take risks in the company of others

pay attention to your words and thoughts

value process over outcomes

nurture self-acceptance

find the gift in criticism

pursue authenticity

define your purpose

Two Mindsets

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