



DIY Instant Oatmeal Packets

Ingredients

- 10 cups instant oats
- 1 cup powdered milk
- ½ cup brown sugar
- 2 teaspoons salt
- 1 tablespoon cinnamon- optional
- For Serving: 1 cup hot water

Instructions

1. To a large bowl, add 6 cups of oats.
2. In a blender, place the remaining 4 cups and blend until powdery.
3. Add the blended oats to the bowl along with the powdered milk, sugar, salt, and cinnamon, if using.
4. Stir to combine and divide ½ cup of the oatmeal mixture between 20 to 24 snack-size plastic bags.
5. Store in the pantry for up to 2 months.

To Serve: Pour a packet of oats into a bowl and 1 cup hot water. Stir to combine and microwave on high for 30 seconds to 1 minute. Stir and enjoy.