

Healthyish Pumpkin Cheesecake Dip

Ingredients

- 8 ounces whipped cream cheese
- 3/4 cup pumpkin puree
- 1/2 cup plain greek yogurt
- 1 tablespoon pumpkin pie spice
- 1 teaspoon vanilla
- 3 tablespoons honey or maple syrup
- Dippers, such as sliced apples or graham crackers

Instructions

- In a large bowl, mix all the ingredients together until smooth.
- Put in a serving bowl and arrange the dippers around the dip.
- Store dip leftovers in the fridge in an airtight container for up to five days. Give it a stir before serving.

