

## Warm Vanilla Milk

## Ingredients

- 1 cup milk
- 1 teaspoon honey
- 2 drops vanilla extract
- 1 pinch ground cinnamon

## Instructions

• Pour milk into a microwave-safe mug. Cook on high until milk is very hot and begins to foam, about 3 minutes. Stir in honey and vanilla, then sprinkle with cinnamon before serving.