Instant Pot Butter Chicken



Ingredients

1/4 cup unsalted butter

1/2 sweet onion, diced

4 cloves garlic, minced

1 tablespoon freshly grated ginger

1 1/2 teaspoons garam masala

1 teaspoon ground turmeric

1 teaspoon smoked paprika

1 teaspoon ground cumin

1 (14.5-ounce) can petite diced tomatoes

1 (8-ounce) can tomato sauce

1/2 cup lower sodium chicken stock

2 pounds boneless, skinless chicken breasts, cut into 1inch chunks

1/2 cup heavy cream

2 tablespoons all-purpose flour salt and pepper, to taste

Instructions

- 1. Set Instant Pot® to the high saute setting. Add butter & onion. Cook, stirring frequently, until tender, about 3-5 minutes.
- 2. Stir in garlic, ginger, garam masala, turmeric, paprika, & cumin until fragrant, about 1 minute; season with salt and pepper, to taste.
- 3. Stir in diced tomatoes, tomato sauce, chicken stock and chicken.
- Select manual setting; adjust pressure to high, and set time for 10 minutes. When finished cooking, quick-release pressure according to manufacturer's directions.
- 5. In a small bowl, whisk together heavy cream and flour; set aside.
- 6. Select high sauté setting. Stir in heavy cream mixture and cook, stirring frequently, until slightly thickened, about 3 minutes. Season with salt and pepper, to taste. Serve over rice of choice.

ADAPTED FROM: DAMN DELICIOUS