



Peanut Butter Yogurt

Karen's method:

- Mix 2 tablespoons of powdered peanut butter into a 5.3 oz. container of Chobani Vanilla Greek Yogurt.

Alternate method:

- Mix 2 tablespoons of powdered peanut butter into a 5.3 oz. container of plain Greek yogurt.
- Add sweetener of choice, if desired.
- Add splash of vanilla, if desired.

Notes:

- Mix-in ideas include cocoa powder, chopped nuts, sliced banana and chocolate chips.
- For a frozen treat, put in freezer for 30 to 45 minutes before consuming.