

Karen's Lazy Chicken Noodle Soup



Ingredients

- 1 1/2 cups unsalted chicken bone broth
- 2 oz. dry ramen noodles (I like Ocean's Halo Ramen Noodles)
- 2 to 3 oz. chicken from can or pouch (preferably lower sodium)
- Baby spinach leaves, torn (easy way to add vegetables)

Instructions

- In a microwave-safe bowl, heat bone broth until boiling (about 2-3 minutes on high).
- Carefully remove bowl from microwave. Add ramen noodles and let soak in bone broth until soft (about 3-4 minutes).
- Mix in chicken and optional baby spinach. Enjoy!

NOTE: This recipe is very flexible. Feel free to use different ratios of broth, noodles and meat to suit your preferences.