



The Cheapest, Easiest Good-for-You Chili

Ingredients

- 1 pound ground chicken (\$3.42)
- 1 package McCormick Less Sodium Chili Seasoning Mix (\$1.58)
- 1 15 oz. can no salt added diced tomatoes, undrained (\$0.96)
- 1 15 oz. can no salt added kidney beans, undrained (\$0.86)

Instructions

- Brown meat in large skillet on medium-high heat. Drain fat.
- Stir in Seasoning Mix, tomatoes and beans. Bring to boil. Cover and reduce heat and simmer for 10 minutes, stirring occasionally. Serve with toppings, if desired.

Cost per serving (4 servings): \$1.70